

2022/23 OFFICIAL PROGRAMME



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MATCH DAY PROGRAMME



24TH & 25TH SEPTEMBER 2022
EAST GRINSTEAD HOCKEY CLUB



SATURDAY @ 2:00PM
LADIES VS UNI OF
BIRMINGHAM

SUNDAY @ 2:00PM
MENS VS UNI OF
EXETER

SCAN FOR
MORE INFO!



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**GOLD
GROUP**



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CHAIRMAN'S WELCOME

Welcome to Saint Hill,

On behalf of the club, welcome to University of Birmingham and University of Exeter who have travelled for this weekends first league games of the 2022/2023 season.

A warm welcome to umpires Lena McCrae, David Howell, Campbell Reeman, Martin Twist and TD Richard Barter.

East Grinstead would like to wish all the team's good luck for the coming season, and a massive thank you to all our sponsors.

Best wishes to all.

Phillip

Chairman

East Grinstead Hockey Club

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15TH OCTOBER

DOUBLE HEADER



VS



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EGHC MEN 2022/23

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 - **GAME, SET AND MATCH**
 - **CHRIS VALLIS WILSON**
- 1 **RICHARD CURTIS GK**
 - 2 **JACK EDGERTON GK**
 - 3 **MATT SIMONDS**
 - 4 **KEITH TURNER**
 - 5 **DANIEL FAULKNER**
 - 7 **JAMIE WALLACE**
 - 8 **LEWIS PROSSER**
 - 9 **RICHARD LANE**
 - 10 **TOM CROWSON**
 - 11 **CHARLIE TAYLOR**
 - 12 **SAMUEL HATHERLEY**
 - 13 **FINLAY BOOTHROYD**
 - 14 **JONNY FLECK**
 - 15 **SIMON FAULKNER (C)**
 - 16 **BEN MACKAY**
 - 17 **LUKE MOBLEY**
 - 18 **ALISTAIR CLIFT**
 - 19 **OLLIE LANDER**
 - 21 **MIKE WOOD**
 - 22 **ROSS STOTT**
 - 25 **SAMAD SULEMAN**
 - 26 **TOM TYERS**

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EGHC LADIES 2022/23

- 1 LAURA MYERS GK**
- 2 ISSY FIELD GK**
- 3 CHARLOTTE DALY**
- 4 SALLY SIME**
- 5 ALEX MALZER**
- 6 AMY THOMPSON**
- 7 GUADALUPE FERNANDEZ LACORT (C)**
- 8 HARRIET MITCHELL**
- 9 COURTNEY HANSFORD**
- 10 LAURA UNSWORTH**
- 11 CARLOTA RODRIGUEZ**
- 12 HANNAH COZENS**
- 13 ELLIE RAYER**
- 14 TESS HOWARD**
- 15 OLIVIA BREED**
- 16 ANNA FAULSTICH**
- 17 CHLOE BROWN**
- 18 MOLLIE MASON**
- 19 SOPHIE BRAY**
- 20 KAYLA REED**
- 21 AMELIA TAIT**
- 22 PIPPA LOCK**
- 23 LYDIA MACDONELL**
- 24 AUTUMN BOWDEN**
- 25 RUTH EVANS**
- 26 ROBYN BENTLEY**
- 29 JO WESTWOOD**





EGHC COACHES 2022/23

MENS 1 XI

**RORY BRITTEN - MANAGER
DAVID BECKETT - HEAD COACH
JOE ODDY - ASSISTANT COACH
PRASH MESHAM - PHYSIO**

WOMENS 1 XI

**THEO DOWSE - MANAGER
CATHY NICHOLSON - COACH
BRIDGET BLACKWOOD - COACH**





TEAM SHEETS

- 1 MYERS (GK)
- 4 SIME
- 6 THOMPSON
- 8 MITCHELL
- 9 HANSFORD
- 11 GOMEZ
- 13 RAYER
- 14 HOWARD
- 15 BREED
- 17 BROWN
- 18 MASON
- 20 REED
- 22 LOCK
- 23 MACDONELL
- 24 BOWDEN
- 25 EVANS



PREMIER LEAGUE



UNIVERSITY OF BIRMINGHAM

SAT 2PM
AT HOME



PREMIER LEAGUE



UNIVERSITY OF EXETER

SUN 2PM
AT HOME



- 1 CURTIS (GK)
- 4 TURNER
- 5 FAULKNER
- 8 PROSSER
- 9 LANE
- 10 CROWSON
- 11 TAYLOR
- 12 HATHERLEY
- 13 BOOTHROYD
- 14 FLECK
- 15 FAULKNER (C)
- 16 MACKAY
- 17 MOBLEY
- 18 CLIFT
- 21 WOOD
- 22 STOTT

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OPPOSITION SQUADS

BIRMINGHAM

**1 EVIE WOOD (GK)
38 HANNAH PEARCE
7 CARTER AYARS
9 JEMIMA COPEMAN
16 SARAH SPOONER
11 ALISA NAYLOR
36 IZZY SHELLEY
41 LILY WALKER
4 EMMA ALLROGGEN
12 JESS DAVIS
10 HANNAH ATKINSON
23 BETSAN THOMAS
32 AMY GRASSON
13 MILLIE GIGLIO
18 COCA HALL
34 DELYTH THOMAS
30 RAFAELA BRANDAO LEE
2 LEXIE CLARK
43 SOPHIE FLINT**

EXETER

**1 MATT WHITESIDE (GK)
2 BILLY COLLINS
3 CONNOR SIGN
4 JAKE PAYTON (C)
5 JAKE PHILLIPS
6 JAMIE TAYLOR
7 JOE MALLET
8 JOSH MORAN
9 LEWIS WILCHER
10 LOUIS RIDGE
11 BEN FOX
12 NICK NURSE
13 OLLIE DRUMMOND
14 OLLIE RUNDLE
15 OLLIE SHELTON
16 PADDY HUNTER
17 PETE HOLDWAY (GK)
18 SAM ARMITAGE
19 SAM HILL
20 SEB ANSLEY
21 WILL PETTER
22 WILL WHITMORE**





























MEN'S LEAGUE & FIXTURES

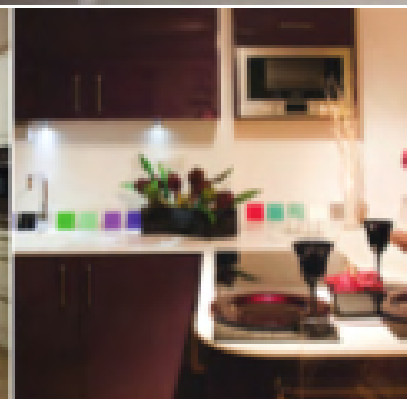
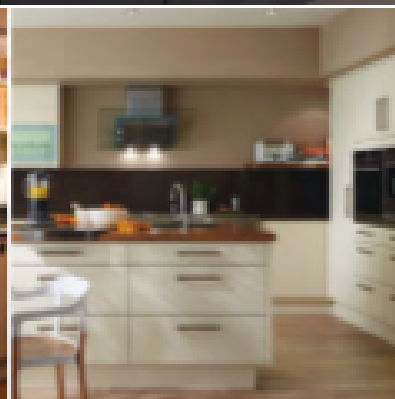
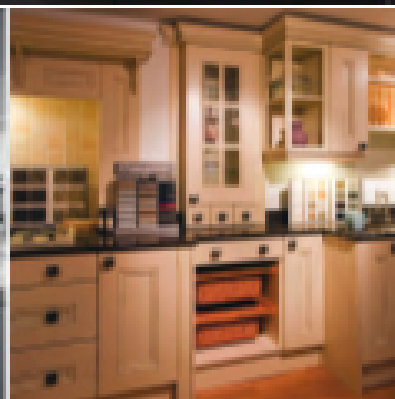
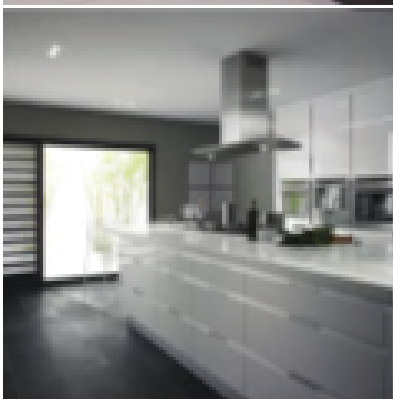
25 Sep 2022		
East Grinstead M1	14:00	University of Exeter M1
East Grinstead Sports Club		
01 Oct 2022		
Surbiton M1	18:30	East Grinstead M1
Surbiton HC - Pitch 1		
08 Oct 2022		
Wimbledon M1	18:00	East Grinstead M1
08 Oct 2022		
East Grinstead M1	18:00	Hampstead & Westminster M1
East Grinstead Sports Club		
22 Oct 2022		
Beeston M1	14:00	East Grinstead M1
Nottingham Hockey Centre - Pitch 1		
29 Oct 2022		
East Grinstead M1	18:00	Holcombe M1
East Grinstead Sports Club		
05 Nov 2022		
East Grinstead M1	18:00	Old Georgians M1
East Grinstead Sports Club		
13 Nov 2022		
Reading	14:30	East Grinstead M1
20 Nov 2022		
Brooklands Manchester University M1	14:00	East Grinstead M1
Brooklands Cricket & Lawn Tennis Club		



LADIES' LEAGUE & FIXTURES

24 Sep 2022
East Grinstead W1  14:00  University of Birmingham W1
 East Grinstead Sports Club
01 Oct 2022
Surbiton W1  16:00  East Grinstead W1
 Surbiton HC - Pitch 1
08 Oct 2022
Loughborough Students W1  14:00  East Grinstead W1
 Loughborough University - Pitch 1
15 Oct 2022
East Grinstead W1  16:00  Hampstead & Westminster W1
 East Grinstead Sports Club
22 Oct 2022
Clifton Robinsons 1  12:00  East Grinstead W1
 Bristol University - Coombe Dingle (V) - Pitch 1
29 Oct 2022
East Grinstead W1  16:00  Holcombe W1
 East Grinstead Sports Club
05 Nov 2022
East Grinstead W1  16:00  Beeston W1
 East Grinstead Sports Club
13 Nov 2022
Reading 1  12:30  East Grinstead W1
 Reading HC - Pitch 1 - Sonning Lane Water
19 Nov 2022
East Grinstead W1  14:00  University of Nottingham 1
 East Grinstead Sports Club

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A large group of children and adults, many wearing white t-shirts with "JACKSON 7" on them, are posing on a hockey rink. They are all smiling and waving their hands. In the foreground, there are two circular logos: a red one with "STX" and "stx.com" and a black one with "JACKSON 7 COACHING" and social media icons.

CAMPS

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1:1 SESSIONS

<https://www.jackson7coaching.com>



MEET ELLIE RAYER



What was your highlight of the commonwealth games?

That's a tricky one... playing in front of friends and family, the atmosphere, the noise from a home crowd was truly incredible and is my biggest memory when I think back to it!

Winning our semi final was definitely a highlight knowing that we were in a position to fight for gold and achieve what we had set out to do! Standing on top of the podium, receiving our gold medals and belting out Jerusalem was special as well!

Top tip for improving your hockey skills?

Have patience, you won't suddenly develop skills overnight but keep chipping away and you'll get there. Ask lots of questions too and don't be afraid to just have a go!

What is your number and what position do you play in?

I wear the lucky number 13 shirt, and play up top as a forward trying to score some goals!

Do you have a nickname?

Rayer, Ray, Raydog - anything along those lines... I'm not sure anyone on the team actually calls me Ellie!

How did you get into playing hockey and how old were you when you first started?

I first picked up a stick when I was about 7 in a PE lesson at school and just played there! When I got to 14, one of my PE teachers (who played at Maidenhead HC) was short of players for the weekend so she registered me to play - I went down, loved it and never looked back!



MEET ELLIE RAYER CONTINUED.....

What is your best hockey memory so far?

Winning bronze at the Tokyo Olympics - becoming an Olympian and bringing home a medal ticked off a couple of goals that I had dreamt about from quite a young age!

Who has the best dance moves in the team?

That's a very good question - Auty will bust out a few moves but we've recruited some new players to the team who could rival it I reckon... will have to update this once we've had a couple of socials!

What's your favorite food?

I'm an absolute sucker for a roast dinner!
Saturdays are for hockey, and Sundays are for roasts!

Your favorite memory with EG?

Winning the Super 6s (2019 & 2022) has got to be up there as some of the best! I love indoor and the weekends away to try and get to finals are always so much fun!

What do you love most about playing for EG?

The people - the club stalwarts that have welcomed me and made me feel at home, the support from everyone in the club from juniors to adults and the girls I'm lucky enough to pull the shirt on with and call my teammates!

For more information on EGHC Juniors please check out the website or email info@eghockey.co.uk to be added to the mailing list

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EGHC IN THE NEWS

EAST GRINSTEAD ACHIEVES TALENT ACADEMY AND TALENT CENTRE ACCREDITATION

We are thrilled to be licensed to run the Talent Academy on behalf of players, clubs, schools, counties and other hockey establishments in our catchment area.

Our objective is to create an Academy of elite hockey players from this area, some of whom will progress through the ranks of the EH Talent system to represent their Country. The TA will benefit all players as well as their schools, clubs and wherever their future hockey takes them. To help us achieve our objective we have put together a program which will push as many players as possible in the local area to be the best they can be.

First and foremost, this requires hard work and dedication from the players. To be the best, they must take responsibility for their commitment to themselves - a positive attitude to training and learning, an ability to organise their time to enable study, clear communication with their guardians, teachers and coaches etc. In order to support them, we have assembled a great team of coaches and mentors, who are looking forward to their role within the Academy.

Our Director of Talent Academy is Mary Booth. Mary has a history in hockey dating back a few years. She has been involved in coaching juniors at every level of the national pathways, has brought hockey to school children in her capacity as a teacher and has taken East Grinstead Ladies 1st XI from local league hockey through to their current position in the Investec Premiership (which they would have won for the last 2 years if it wasn't for COVID) and European Hockey. Mary is responsible for the coaching program at the Talent Academy and her incredible experience will be massively valuable.





EGHC IN THE NEWS

Acting as Head of Talent Academy is Wesley Jackson. Wes himself has played hockey at the highest level, both as a junior and adult. Wes also has an incredible coaching career, previously in charge of hockey at Lingfield College, Wes is currently coaching various A teams at Whitgift School and has had incredible success. Wes is also partner in the Jackson 7 hockey academy business with his brother Ashley Jackson, and this experience means our Talent Academy operations will work like clockwork. While Mary & Wesley will oversee the program, we have also been so lucky to secure fantastic TA Lead Coaches, Rob Sorrell & Will Heywood and Chris Borsoi as Lead GK coach.

Will Heywood has an incredible coaching history. Coaching at Exeter University then starting his career at Malborough College, Will has moved into pathway coaching including Head coach at the Southampton Performance Centre and on the England Hockey DiSE team. Will is Director of Hockey at Brighton College and is an incredible asset to the Talent Academy.

Rob Sorrell also has a fantastic coaching history. After university & club coaching, Rob has spent time in Holland, coaching junior and adult teams at Kampong. Since returning to the UK Rob has an amazing history coaching at all stages of the previous pathway model, including county, HIPAC, Performance Centre and National Age Group. Rob has just moved to the area to take on the Director of Hockey role at Hurst.

Goal-keepers are super fortunate to have Chris Borsoi as their lead coach. Chris has a strong hockey pedigree, playing and coaching at Brighton & Hove, coaching in the EH pathway, coaching at great hockey schools in the area including now being Head of Hockey at Roedean.

Rob, Will, Chris & Wes are all on the England Hockey ACP (Advanced Coaching Program) and combined with Mary's experience, make a phenomenal team.

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HOCKEY**

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EGHC MEDIA



EAST GRINSTEAD HOCKEY TV



WATCH LIVE HOCKEY

Huge strides were taken on Saturday 24th October as we live streamed our first outdoor league game using our new streaming technology. Both Men's and Ladies' matches combined have achieved over 2000 views so far. The Ladies match had commentary supplied by Becky Duggan and Pippa Lock and we look to be able to Live Stream all EGHC home matches moving forward so you

can watch from the comfort of your living room. We are working on a highlights package, watch this space.

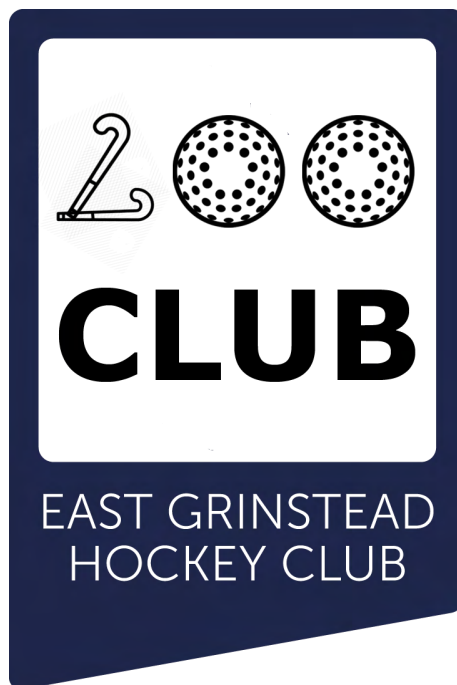
To watch all our games and the Wimbledon double header, please visit and subscribe to our YouTube channel 'East Grinstead Hockey TV'.

**Are you interested in technology?
Would you like to get into TV/broadcasting one day?
Do you have a creative mind?**

If you are aged 14+ and would like to become involved with our media team, please register your interest to **info@eghockey.co.uk**.

We would love to have you on board.

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EGHC 200 CLUB

SIGN UP TO WIN £££

The 200 Club was set up by a long standing member of the club in 2017. It is a fantastic fundraising initiative which allows the opportunity for members to win money

HOW IT WORKS



Sign up for £10 per month

Go online and purchase at least one ticket for £10 per month. This can be a payment, standing order or £120 annual payment.



The Draw

A draw will be made similar to the 'Lottery'. Monthly, quarterly, bi-annually and yearly draws will be made in the clubhouse/pitchside



WIN

Members can win money as below and the remainder will be put back into the club for grass roots through to performance

	Number of Tickets Issued		
	21 to 39	40 to 80	81 to 200
Monthly draws of	£30	£50	£100
Quarterly draws of	£75	£100	£200
Bi-annual draws of	£100	£150	£500
Annual End of season draw of	£200	£500	£1,000

Visit eghockey.co.uk/200 for more information



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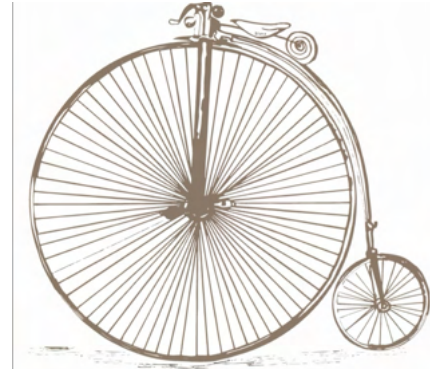
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